



## Języki obce... już potrafię !!!

Projekt współfinansowany przez Unię Europejską ze środków Europejskiego Funduszu Społecznego

### SPORT I ZDROWIE

#### Guess the game/my Job (20 questions)

In pairs or small groups, the learners try to guess what sport their friend does. They can ask 20 questions, and the answer can be only 'yes' or 'no'.

#### Sports quiz

The learners ask and answer each other's questions concerning different sports.

Example:

A: Who is the fastest man in the world?

B: Usain Bolt.

#### Keeping fit

In pairs, groups or as a whole class, the learners write ten pieces of advice for people who want to get fit.

#### Doctor, doctor!

In pairs, agree on the best advice for someone with these symptoms:

*I feel tired all the time.*

*I can't sleep.*

*I've got a sore throat.*

*I've got a bad cough.*

*I've got a high temperature.*

#### Healthy or unhealthy

1. Add expressions to this table to show the things you eat and the lifestyle you have

Things that are good for you		Things that are bad for you	
Food	Activities	Food	Activities
Apples	Jogging	Hamburgers	Watching TV

2. In groups, the learners throw a ball (or a piece of paper) to each other while saying a kind of food or activity. As the learners catch it, they should say if the food or activity is healthy or unhealthy:



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Example:

A (throwing) – *Crisps.*

B (catching) – *Unhealthy.* (throwing) *Swimming.*

C (catching) – *Healthy.* (throwing) *Playing tennis ...*